

# **HSHAC**

## **Meeting Minutes**

January 13, 2016

### **I. Call to order**

Anna Sifuentes called to order the regular meeting of the HSHAC at 10:20 am on January 13, 2016 at The Child Nutrition Conference Room.

### **II. Approval of minutes from last meeting**

Anna read the minutes from the last meeting. The minutes were approved as read.

### **III. Open issues**

- a) Send out the Fit City SA Calendar
- b) Event Save the date/ Weekly Fitness Events
- c) KSHAC Large Event End of Year Plan
- d) Veg out Campaign
- e) Videos for 5<sup>th</sup> grade viewing
- f) Health Curriculum Update

### **IV. New business**

- a) Update on KSHAC – Ms. Armstrong talked about the start of KSHAC, the requirements and idea of how things began and hopes for the future.
- b) Community Update- John Cruz was introduced and shed light on his new position and how he incorporates what KHSAC is doing and his new community position he has recently took on. He shared ideas from event participants and reflected on his own personal goals and Outcomes as a Coach at HAC. He talked about the positive attitudes he has seen in his own students and plans to continue his work.
- c) Nicole- took on questions from parents and we all gained some insight from community members as to what and how they have perceived the KSHAC as in the lives of their own students and effectiveness in the community.

### **V. Adjournment**

Anna Sifuentes adjourned the meeting at 11:45 am.

Minutes submitted by: Crystal Galan

Minutes approved by: Dorothea Armstrong/ SHAC Members