

# **SHAC Meeting Minutes**

**March 9, 2016**

**10:00-11:30 A.M.**

The presentation at this meeting was by Ambar Rios from UT Health Science Center. The meeting was at the Child Nutrition Conference Room. The title of the presentation was "Health Ed. 101 for Parents. Information was presented both by video and handouts for parents to follow up as information was given.

The topic of the video was about changes boys and girls go through during puberty.

The handouts explained about STD's (Sexually Transmitted Diseases) and Contraception. Specifically, the different methods to use to prevent pregnancy for sexually active teenage students.

Parents attending the meeting expressed concerns about the video being too graphic for 5<sup>th</sup> grade students. Parents also asked questions regarding the way the video would be presented; whether in a group of both boys and girls or all girls and all boys groups.

Ms. Dolly Armstrong, Lead Wellness Coordinator, explained that the purpose of this information is for the SHAC (School Health Advisory Council) and parents to decide which will be the best way to present this information to the students.

Other meetings will be scheduled to address this issue and decide the best way to present it to students..