

H-SHAC
Meeting Minutes
September 16, 2015
8:00 am –9:00 am
Child Nutrition Conference Room

Opening

The regular meeting of the H-SHAC was called to order at 8:11 am on September 16, 2015 in the Child Nutrition Conference room by Anna Sifuentes.

Present

Staff, Parents, and outside Collaborative entities

Approval of Minutes

Minutes were introduced by Anna Sifuentes and the minutes from the June 2015 meeting were approved.

Introductions

Open Issues

- SHAC members and their importance in deciding what will work in our schools
- The importance of the coalition between staff and parents to promote healthy choices and actions in our schools
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New Business

- Ms. Armstrong introduced the Veg Out campaign and parents shared ideas about fun and helpful ways to promote the initiative
- Discussed community events being held throughout the district to include the three weekly events and our upcoming large events on October 6th and 10th. Provided multiple locations at other districts whom we are working in conjunction with to get all of the community in San Antonio involved.
- Heard about campaigns going on in the district such as the McCollum High initiative and the Lets grow at Leal.
- Talked about the process that which the schools can become exemplary through the parent involvement portion of HB5
- **Campus Announcements:**

Stonewall Flanders- Fun Run, Familias en Accion

- Oral Presentation by Ambar Rios on Health programs to possibly consider implementing in our schools Reduce the Risk vs. Draw the Line trained persons in the district whom could provide these curriculums are Richard De La Rosa and Shelly Odom. Parent asked about the program Worth the Wait and if it was still relevant to the students now.
- Mr. Mancha and Josie Scales shared a reflection on what and how Health has changed and what needs the district should address concerning the Health Curriculum and our students
- Becky Rodriguez PE teacher at HMS raised a concern about 6th graders whom do not receive Health Class and some suggestions were proposed to combat that issue. Jaimie also shared some concerns about an updated video to show elementary children in reference to puberty and body changes. Coaches at various campuses wanted to know what is district policy as to whether 5th should be watching some sort of health and body video. (These items and issues are to be looked into by Ms. Armstrong whom shall provide updates)

Motions

There was a motion to conclude the meeting.

Agenda for Next Meeting

See Agenda for next meeting by the end of May.

Adjournment

Meeting was adjourned at 9:15 am by Anna Sifuentes.

Minutes submitted by: Crystal Galan

Approved by: